



This booklet contains details of all road closures and parking restrictions around the Men's 10K and Women's 10K Glasgow route.

Please read this information carefully. Hundreds of runners will be taking part raising money for many local and national charities.

Please come out and support them as they complete their race.

NOTICE OF ROAD CLOSURES & PARKING RESTRICTIONS TO THE RESIDENTS AND BUSINESSES OF GLASGOW

This document details all road closures and parking restrictions for the Men's and Women's 10K Glasgow which takes place on Sunday 12th July 2026.

The event organisers in association with the local authority strive to minimise disruption to those directly affected. Every effort will be made to keep traffic flowing as freely and smoothly as possible.

Please take note of the information provided and do not park within these areas during the times stated.

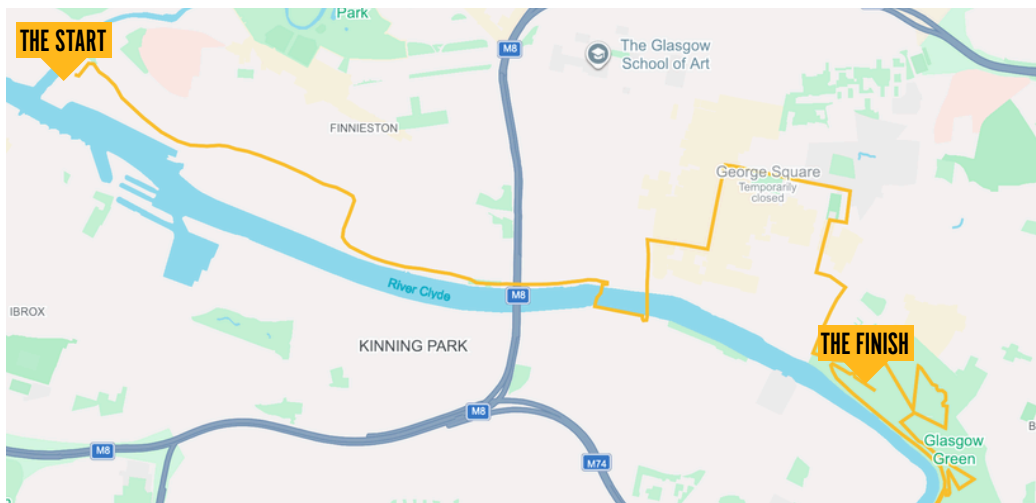
Emergency Service vehicles will not be affected by any of the restrictions.

If you would like any further information, please contact the Men's and Women's 10K road closures line on 07742819174. Lines are open 10am – 4pm, Monday to Friday.

We would like to take this opportunity to thank you for your co- operation in this matter and apologise for any inconvenience caused on the morning of the event.



THE ROUTE AND KEY TIMINGS



ROUTE INFORMATION

The Men's and Women's 10K in Glasgow starts at the Riverside Transport Museum.

The route heads East along Stobcross Road and the River Clyde, crossing over the 'Squiggly Bridge' and then George V Bridge. Beyond Argyle Street, participants will then head up Buchanan Street and past the north side of George Square.

The halfway point is on Albion Street, with runners then heading to Glasgow Green via Candleriggs, Trongate and Saltmarket. The final Kilometres of the event take place within Glasgow Green.

KEY TIMINGS

- 05:00 - Roads closed and parking restrictions begin
- 05:00-09:00 - Route setup and safety checks
- 09:30 - Men's 10K begins
- 10:45 - Women's 10K begins
- 12:30 - Last 10K runner crosses finish line
- 13:00 - Route derig and cleaning
- 16:00 - All Roads reopened and parking restrictions end

ROAD CLOSURES AND PARKING RESTRICTIONS

Men's and Women's 10K Glasgow 2026

NO WAITING, LOADING OR UNLOADING RESTRICTIONS

From 15:00hrs on 11 July 2026 to 16:00hrs on the 12 July 2026.

ROAD CLOSURES

Closed from 05:00hrs to 16:00hrs on 12 July 2026.

Reference	Roads Affected	Extent
1	Anderston Quay	Between Hydepark Street and Lancefield Quay
2	Argyle Street	Between Hope Street and Queen Street
3	Albion Street	Between George Street and Ingram Street
4	Bridgegate	Between Kings Street and Saltmarket
5	Broomielaw (westbound)	Between Glasgow Bridge and Brown Street
6	Buchanan Street	Between Argyle Street Nelson Mandela Place
7	Candleriggs	For its entire length
8	Castlebank Street	Between Hayburn Street and Pointhouse Place
9	Congress Road	For its entire length
10	Clyde Street	Between Saltmarket and Bridegate
11	Clyde Arc	For its full length
12	Crown Street	For its entire length
13	Finnieston Quay	Westbound for its entire length
14	Finnieston Street	Between Clyde Arc and Tunnel Street

ROAD CLOSURES AND PARKING RESTRICTIONS

Men's and Women's 10K Glasgow 2026

NO WAITING, LOADING OR UNLOADING RESTRICTIONS

From 15:00hrs on 11 July 2026 to 16:00hrs on the 12 July 2026.

ROAD CLOSURES

Closed from 05:00hrs to 16:00hrs on 12 July 2026.

Reference	Roads Affected	Extent
15	Fastlink	Anderston Quay
16	George Square (north side)	For its entire length
17	George Street	Between George Square and High Street
18	Greendyke Street	For its entire length (westbound closed)
19	High Street	Between Gallowgate and Saltmarket (Southbound closed)
20	Ingram Street	Between Albion Street and Montrose Street
21	Jamaica Street	Between Argyle Street and Midland Street
22	King Street	Between Kings Street car park and Bridgegate (Southbound closed)
23	King Street	Tetween Parnie Street and Trongate
24	King George the V Bridge	For its entire length
25	Lancefield Quay	For its entire length
26	Midland Street	For its entire length
27	Oswald Street	For its entire length

ROAD CLOSURES AND PARKING RESTRICTIONS

Men's and Women's 10K Glasgow 2026

NO WAITING, LOADING OR UNLOADING RESTRICTIONS

From 15:00hrs on 11 July 2026 to 16:00hrs on the 12 July 2026.

ROAD CLOSURES

Closed from 05:00hrs to 16:00hrs on 12 July 2026.

Reference	Roads Affected	Extent
28	Pointhouse Place	For its entire length
29	Riverside Road	Within Glasgow Green between Kings Bridge and Saltmarket
30	Saltmarket	For its entire length
31	Stobcross Road	for its entire length
32	St Vincent Place	for its entire length
33	Trongate	for its entire length
34	West George Street	West Nile Street and George Square
35	West Carriageway Glasgow Green	For its full length
36	The Green	Between West Carriageway and Binnie Place

SUSPENSION OF BUS AND TAXI ONLY RESTRICTIONS

Men's and Women's 10K Glasgow 2026

SUSPENSION OF BUS AND TAXI ONLY RESTRICTIONS

From 03:00hrs to 16:00hrs on 12 July 2026

Reference	Roads Affected	Extent
1	Argyle Street	Eastbound between Hope St and Union Street
2	Glassford Street	Northbound between Argyle Street and Ingram Street
3	Victoria Bridge	Southbound onto Gorbals Street
4	West George Street	At West Nile Street Eastbound to Nelson Mandela Place
5	Oswald Street	Northbound after Midland Street
6	Victoria Bridge	Between Clyde Street and Ballater Street
7	Fastlink	Between Hydepark Street and York Street

SPECIAL ARRANGEMENTS - CONGRESS ROAD AND FINNIESTON QUAY

Access to Crowne Plaza and Hilton Garden Inn – Sunday 12th July

Access to the Crown Plaza hotel (via Congress Road) and the Hilton Garden Inn (Finnieston Quay) will be available but **will be closed** at the following times.

09:15 – 10:00
and
10:30 – 11:15